

## THE WALL STREET DIET BAUER HEATHER%0A

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[Wall Street Diet. Background. Dietician Heather Bauer, who practices in New York City, is the creator of the Wall Street Diet. Bauer's clients include those who work long hours with many business dinners and a lot of work-related travel.](#)

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[Dietician Heather Bauer offers the robust Wall Street Diet plan tailored to your fat-inducing corporate lifestyle. If you are one of the corporate types who can button up million-dollar business deals but not their own pants, getAbstract recommends Bauer's intelligent strategies to overcome your daily diet challenges.](#)

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[Created by Heather Bauer, registered dietitian, The Wall Street Diet Plan is a strategic diet plan which will inculcate healthy eating habits in you. The diet plan is apt for modern people, who have so much hectic schedule at work that they have no time to cook meals for them, or to keep check on](#)

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Heather Bauer, RD CDN . Heather Bauer is a nationally recognized nutrition expert, author, and entrepreneur. She brings her fresh and inspiring approach to diet to prime time spots on Good Morning America, CNN, CBS, The Talk, Access Hollywood Live and The Tyra Banks Show.

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